

# Financial Considerations: Costs to Patients

Catherine Frenette, M.D.

Medical Director of Liver Transplantation

Scripps Clinic

La Jolla, CA





- Share 35 was instituted to save more lives
- Much discussion has centered around the costs to OPOs and Transplant Centers regarding shipping of organs
- Patient perspective and costs should also be taken into account when we are thinking about overall societal good
- 85% of patients with ESLD report that their disease significantly impacts their financial status



## **Traveling for Organs**

#### BREAKING BIGETHICS ... MIL NBCNEWS.com





#### Steve Jobs' Reported Liver Transplant Stirs Debate

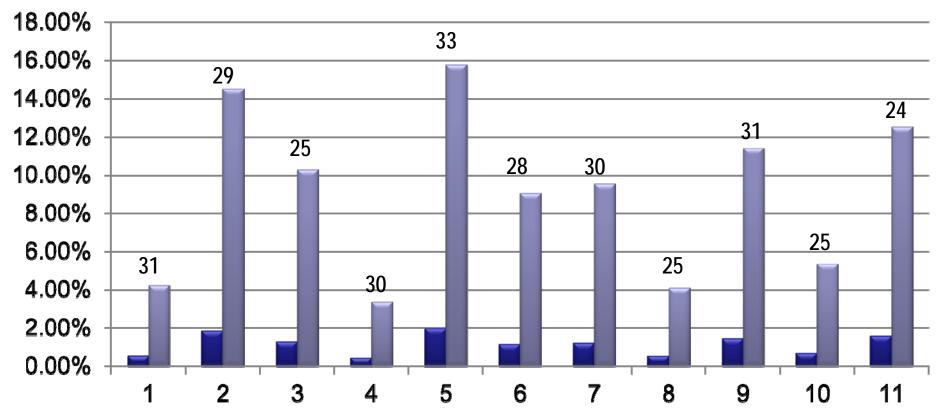
- In 2013, 1400 patients had their liver transplant done in a state that was not their primary residence
- 21.8% of all transplants were done out of resident's state
  - Discounting patients who are in states without a transplant center, 17.9% of patients still travelled out of state for a transplant
- 12.5% (807) of all transplants in 2013 were done out of resident's home region



#### Where do people leave from?

■ % of patients that left region, out of total US

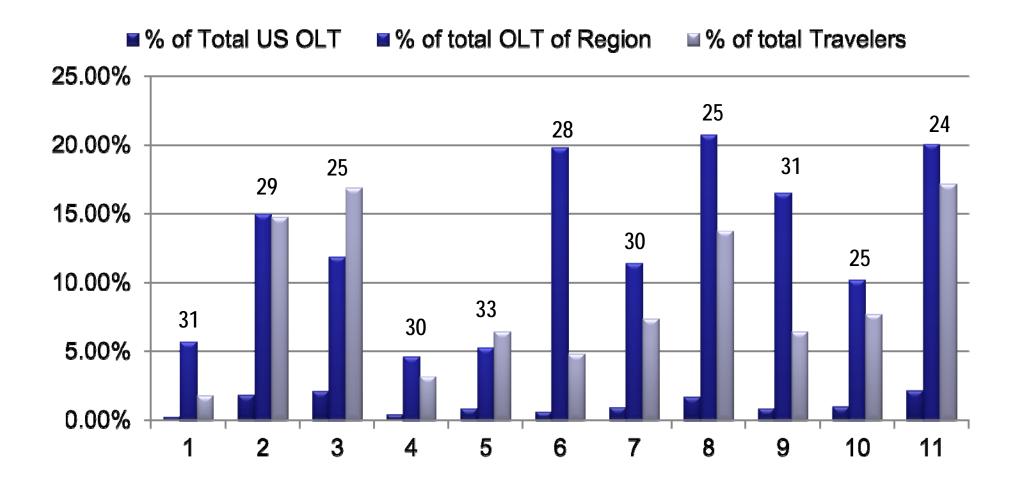




Data courtesy of Ann Harper, UNOS 2013



#### Where do people go to?



Data courtesy of Ann Harper, UNOS 2013



## So what is the patient cost?

- For any transplant anywhere:
  - Direct
    - Insurance copays/deductibles
    - Transportation to/from transplant center for care and appointments
    - Child care
    - Medications
  - Indirect
    - Lost wages for patient and caregiver
- For traveling for an organ:
  - Transportation for patient and caregiver
  - Lodging
  - Meals
  - Potentially paying for re-eval depending on insurance



## Cost of Traveling for an Organ

- Average domestic airfare: \$384.35 (x2)
- Average hotel room \$137 per night
- Average car rental price \$65 per day
- Average daily food for caregiver \$46.39
- So if the patient and caregiver are there for 6 weeks before and 6 weeks after transplant average cost is \$11,386.64
- For the 1400 patients that traveled in 2013 it cost patients and families \$16 million



#### How do patients pay?

#### Total Liver transplant N 651 333 Personal or family savings 351 (53.9) 191 (57.4) Credit cards 163 (25.0) 78 (23.5) Personal loan from friend or family member 87 (13.4) 54 (16.2) Retirement funds 83 (12.7) 52 (15.6) Investment account (other than retirement) 81 (12.4) 51 (15.3) Second mortgage or equity line of credit 60 (9.2) 35 (10.5) Local charity funds 46 (7.1) 31 (9.3) Personal bank loan 45 (6.9) 21 (6.3) Community campaign funds 42 (6.5) 31 (9.3) Transplant organization funds 38 (5.8) 15 (4.5) Family member got second job 38 (5.8) 26 (7.8) Declared bankruptcy 33 (5.1) 26 (7.8) Children's savings account 16(2.5)8 (2.4)

#### TABLE 4. Resources used by patients to pay for uncovered medical expenses





- End stage liver disease is expensive, and many patients have financial difficulties because of their disease
- 1 in 5 patients travel to get an organ, and this is associated with significant costs
- The ability to travel for an organ is certainly not universal; does this make getting a liver transplant more likely when someone is wealthy?